

Lausanne SWIM CUP

Prize money CHF 120 000.–

24 - 26 February 2023

Vaudoise aréna

50m Olympic pool





1. GENERAL INFORMATION

Vaudoise arena pool : 50 meters, 10 lines of 2.5m, depth 2.2m, temperature 27.4°C, electronic timing, pool 25m, 6 lines for recovery and warm-up.

VAUDOISE ARENA : Chemin du Viaduc 14, 1008 Prilly

Club-Support : Lausanne Aquatique - Avenue du Servan 32 - 1006 Lausanne

Rules and regulations : According to the FINA and Swiss Aquatics rules.

The meeting is open to swimmers holding an annual license in the sport "Swimming" from Swiss Aquatics or from a FINA affiliated federation.

Insurance : Each swimmer must be personally insured (accident, illness, theft, civil liability), the organizer does not provide any insurance and declines any responsibility.

The organizer cannot be held responsible for cancellation fees and/or additional costs related to travel, accommodation and meals.

WEBSITE: www.lausanneswimcup.ch

INSTAGRAM : <https://www.instagram.com/lausanneswimcup/>

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2. PROGRAM

Friday 24th of February 2023	Saturday 25th of February 2023	Sunday 26th of February 2023
Warm Up Start : 7.00 am Start of session : 9.00 am End of session : 12:45 400 Freestyle Men Slow series 400 Freestyle Women Slow series 50 Breaststroke Men all categories 50 Breaststroke Women all categories 200 Backstroke Men all categories 200 Backstroke Women all categories 400 Medley Men all categories 400 Medley Women all categories 200 Butterfly Men all categories 200 Butterfly Women all categories 50 Freestyle Men all categories 50 Freestyle Women all categories	Warm Up Start : 7.00 am Start of session : 9.00 am End of session : 12:45 100 Breaststroke Men all categories 100 Breaststroke Women all categories 200 Freestyle Men all categories 200 Freestyle Women all categories 100 Backstroke Men all categories 100 Backstroke Women all categories 200 Medley Men all categories 200 Medley Women all categories 50 Butterfly Men all categories 50 Butterfly Women all categories 800 Freestyle Women Slow series	Warm Up Start : 7.00 am Start of session : 9.00 am End of session : 12:45 100 Butterfly Men all categories 100 Butterfly Women all categories 50 Backstroke Men all categories 50 Backstroke Women all categories 200 Breaststroke Men all categories 200 Breaststroke Women all categories 100 Freestyle Men all categories 100 Freestyle Women all categories 1500 Freestyle Men Slow series
A-FINALS : Warm up start : 4.00 pm Start of session : 6.00 pm 400 Freestyle Men Fast series 400 Freestyle Women Fast Serie 50 Breaststroke Men Junior 50 Breaststroke Women Junior 50 Breaststroke Men Open 50 Breaststroke Women Open 200 Backstroke Men Junior 200 Backstroke Women Junior 200 Backstroke Men Open 200 Backstroke Women Open 400 Medley Men Fast series 400 Medley Women Fast series 200 Butterfly Men Junior 200 Butterfly Women Junior 200 Butterfly Men Open 200 Butterfly Women Open 50 Freestyle Men Junior 50 Freestyle Women Junior 50 Freestyle Men Open 50 Freestyle Women Open	A-FINALS : Warm up start : 4.00 pm Start of session : 6.00 pm 800 Freestyle Women Fast Serie 100 Breaststroke Men 100 Breaststroke Women 100 Breaststroke Men Junior 100 Breaststroke Women Junior 200 Freestyle Men Junior 200 Freestyle Women Junior 200 Freestyle Men Open 200 Freestyle Women Open 100 Backstroke Men Junior 100 Backstroke Women Junior 100 Backstroke Men Open 100 Backstroke Women Open 200 Medley Men Junior 200 Medley Women Junior 200 Medley Men Open 200 Medley Women Open 50 Butterfly Men Junior 50 Butterfly Women Junior 50 Butterfly Men Open 50 Butterfly Women Open	A-FINALS : Warm up start : 4.00 pm Start of session : 6.00 pm 1500 Freestyle Men Fast Serie 100 Butterfly Women Junior 100 Butterfly Men Junior 100 Butterfly Women Open 100 Butterfly Men Open 50 Backstroke Women Junior 50 Backstroke Men Junior 50 Backstroke Women Open 50 Backstroke Men Open 200 Breaststroke Women Junior 200 Breaststroke Men Junior 200 Breaststroke Women Open 200 Breaststroke Men Open 100 Freestyle Women Junior 100 Freestyle Men Junior 100 Freestyle Women Open 100 Freestyle Men Open

* The organizers reserve the right to modify the warm-up and start times.



3. QUALIFICATIONS TIMES

- Only the 50 meter times are taken into account for qualification and it is mandatory that the times can be verified through www.swimrankings.net or the results files/websites provided.
- Intermediate times from individual events may be used as reference times. They will be accepted if they are authenticated and verifiable through www.swimrankings.net or the results files/websites provided.

	Men Open	Men Junior	Women Open	Women Junior
	2006 et +	2007 et -	2007 et +	2008 et -
50 Freestyle	24"79	26"79	28"06	30"33
100 Freestyle	55"61	1'00"12	1'01"30	1'06"27
200 Freestyle	2'00"93	2'10"72	2'13"95	2'24"80
400 Freestyle	4'20"92	4'42"05	4'40"35	5'03"05
800 Freestyle	-	-	9'34"78	10'21"33
1500 Freestyle	17'12"70	18'36"34	-	-
50 Backstroke	28"21	30"50	31"98	34"57
100 Backstroke	1'01"47	1'06"45	1'08"11	1'13"63
200 Backstroke	2'12"69	2'23"44	2'26"24	2'38"09
50 Breaststroke	30"76	33"25	34"73	37"55
100 Breaststroke	1'07"43	1'12"90	1'16"03	1'22"19
200 Breaststroke	2'29"53	2'41"64	2'44"74	2'58"08
50 Butterfly	26"40	28"54	28"96	31"31
100 Butterfly	58"62	1'03"37	1'05"77	1'11"10
200 Butterfly	2'11"28	2'21"91	2'24"42	2'36"11
200 Medley	2'15"16	2'26"10	2'29"53	2'41"64
400 Medley	4'49"20	5'12"51	5'15"80	5'41"38



4. COMPETITION

4.1. SERIES, RANKINGS AND RESERVES :

- All distances are swum in the category OPEN Men and Women and JUNIOR Men and Women as well as their respective finals except for the 400m, 800m and 1500m.
- The ten fastest swimmers in the heats qualify for the finals.
- For each final, a reserve will be designated.
- An athlete who does not want to be designated as a reserve swimmer must also withdraw.
- The withdrawal time for all events is 30 minutes, after the end of the last round of the corresponding race.

4.2. CALL ROOM, DOPING AND TRAINING :

1. Call Room

Each participant must report to the call room at least 15 minutes before the start.

2. Doping

The international doping rules (FINA, WADA) are applicable. On request, swimmers must cooperate with the representatives of the Swiss official doping authority and be available for tests.

3. Training

Prior to the meeting, an evening training session is scheduled for Thursday, February 23, 2023. The training will be possible between 5.00 pm and 8.00 pm in the olympic pool.

4.3. AGREEMENT IN PRINCIPLE:

To guarantee your participation in the Lausanne Swim Cup 2023, please send an agreement in principle to swimcup@lausanneaquatique.ch as soon as possible.

4.4. REGISTRATIONS :

Entries must be sent to starts@lausanneswimcup.ch from November 01 to February 10, 2023, also communicating the names and surnames, phone number and email address of the head of delegation and the official accompanying persons (coaches, physiotherapists or physical trainers).

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If you have the "Team Manager" :

Lenex file available on the websites of the Lausanne Swim Cup. Please join to the entries the PDF list of all the swimmers, their respective races with date and place of the entry time.

If you do not have a "Team Manager":

The registration must be done via the website <https://www.swimrankings.net/manager>. After creating an account, select the Lausanne Swim Cup in the list of meetings, add a club, add your swimmers and their race entries. Send the registration file by email to starts@lausanneswimcup.ch.

Detailed instructions are available [here](#).

4.5. FINANCES :

- Start fees: CHF 20.- per race for the Open category and CHF 10.- per race for the Junior category.
- Additional starts (CHF 60.- per race) on site are accepted as long as they do not add series to the program. They must be proposed to the Meet Director after the Team Managers' meeting on Thursday, February 23, 2023. Immediate cash payment is required and serves as validation.
- Payment of the starts will be done by invoice, sent by the organizers after the competition. Please do not pay in advance.

4.6. WITHDRAWALS :

The organizer cannot be held responsible for cancellation fees and/or additional costs related to travel, lodging and meals.

- Registrations made before the February 10, 2023 registration deadline can be withdrawn without paying the registration fee.
- Withdrawals are accepted without refund of the registration fee from February 11, 2023 onwards.

During the competition:

- For the Friday, February 24, 2023 playoffs: withdrawals on Thursday, February 23 until 8:00 pm (end of warm-up).
- For the heats on Saturday, February 25, 2023: withdrawals on Friday evening, February 24 until the end of the finals.
- For the heats on Sunday February 26, 2023: withdrawals on Saturday evening February 25 until the end of the finals.

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- For finals: The referee will allow the withdrawal of a qualified or reserve swimmer as long as the withdrawal is communicated to the referee in writing no later than 30 minutes after the end of the last heat of the event in question. Sandy's comment: not consistent with 4.2 (30 minutes after the event results are published)
- For all the remaining races of the competition: the withdrawals must be justified by the competition doctor, otherwise there will be a penalty of CHF 60.00 per race.

4.7. TEAM LEADERS MEETING:

Thursday, February 23, 2023 at 5:00 p.m. at the Spot Café, at the Vaudoise arena pool.

In case of exceptional absence, please present yourself to the referee of the competition on Friday February 24th 2023 1h30 before the beginning of the heats to get the last information and sign your attendance sheet.

5. PRIZE MONEY

1st place OPEN	2nd place OPEN	3rd place OPEN
1'750 CHF	1'250 CHF	750 CHF

* Distribution: 90% for the athlete and 10% for the coach but fully paid to the swimmer.



6. PARTNER HOTELS

We offer to manage the reservations of all athletes or groups/clubs in our partner hotels. Preferential rates are offered to provide you with the best experience.

Please email us at swimcup@lausanneaquatique.ch if you are interested in any of our partner hotels or if you would like to receive the latest partner hotels.

Additional hotels will be available in the coming weeks to offer you a range of services in different categories.

ALPHA PALMIERS****

ALPHA PALMIERS BY FASSBIND****

Rue du Petit-Chêne 34, 1003 Lausanne, Vaud - Suisse

www.byfassbind.com/fr/hotel/alpha-palmiers/

PRICE PER ROOM (Breakfast included)

Single room CHF 115.00

Double room CHF 135.00

Triple room CHF 160.00



AGORA SWISS NIGHT***

AGORA SWISS NIGHT BY FASSBIND***

Rue du Petit-Chêne 34, 1003 Lausanne, Vaud - Suisse

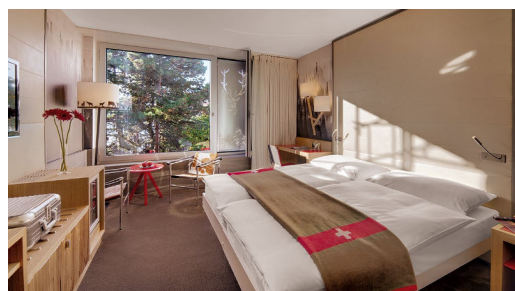
<https://byfassbind.com/fr/hotel/agora-swiss-night/>

PRICE PER ROOM (Breakfast included)

Single room CHF 115.-

Double room CHF 130.-

Triple room CHF 157.-



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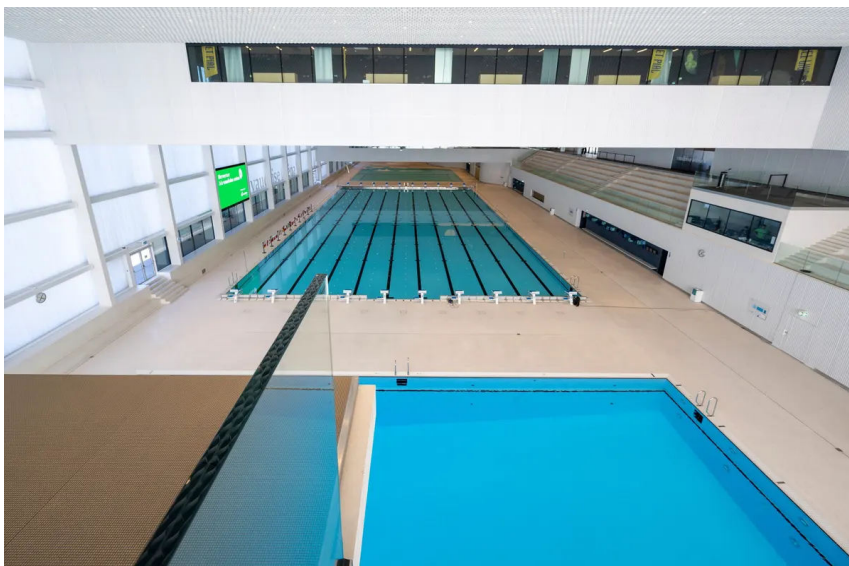
7. TRANSPORTS

Lausanne is accessible by train directly from Geneva and Zurich airports. The hotels distribute free public transport cards for the entire stay on the entire Lausanne public transport network.

- The Lausanne train station (Metro M2 - Lausanne-Gare stop)
- The Vaudoise arena swimming pool (Metro M1 - Malley stop)
- The Alpha Palmiers Hotel (Metro M2 - Lausanne Gare or Lausanne CFF Station stop)
- The Mövenpick hotel (Metro M2 - Ouchy stop)

8. VAUDOISE ARENA

The Vaudoise arena is a swimming pool located in the heart of Lausanne. The competition pool is 50 meters, 10 lanes, equipped with electronic timing (Swiss-Timing, Omega). The venue has a separate 25m pool which can be used for warm-up.



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