



Nuotatori Milanesi is host to the

10° TROPHY "CITTÀ DI MILANO"



VENUE

Swimming pool "Daniela Samuele" · Via Trani 1, Milano
50 mt - 8 lane swimming pool Friday and Saturday
25 mt - 8 lane swimming pool on Sunday

DATE

Friday 17th · Saturday 18th · Sunday 19th March 2023

TIMING

Electronic Timer provided by Italian Time Keepers Federation

CATEGORIES

Absolutes category on 17th/18th
Youth categories on Sunday 19th

FRIDAY MARCH 17TH

Races beginning at 3.00 pm (warm up at 2.00 pm)

200 free style · 200 butterfly · 200 backstroke
200 breaststroke · 800 freestyle women
1500 freestyle men

SATURDAY MARCH 18TH

MORNING

Races beginning at 9.30am (warm up at 8.30 am)

50 butterfly · 100 backstroke · 50 breaststroke
100 freestyle · 400 individual medley

AFTERNOON

Race beginning at 3.30pm (warm up at 2.30pm)

400 freestyle · 100 butterfly · 50 backstroke
100 breaststroke · 50 freestyle · 200 individual medley

SUNDAY MARCH 19TH

MORNING

Races beginning at 9.00am (warm up at 8.00 am)

200 breaststroke · 50 butterfly
100 backstroke · 200 butterfly · 50 breaststroke
100 freestyle · 400 individual medley

AFTERNOON

Race beginning at 3.00pm (warm up at 2.00pm)

400 freestyle · 200 backstroke · 100 butterfly
50 backstroke · 100 breaststroke · 50 freestyle
200 individual medley · 200 freestyle

REGULATION

- Each athlete can take a part in no more than 3 individual races
- Juniores Athletes can be enrolled on the Friday and Saturday races with Absolute Category only if the athlete is ranked in the first 40 places of 2021/2022 national list.
- Sunday March 19th: will be accepted the best 8 times for each category and gender in 200 fly - 200 back - 200 breast - 200 free
- Points are awarded to the 8 fastest swimmer (9 point to the first one, 7 points to second one and so on till 1 point to 8th one)
- For anything not considered by this regulation, the Italian Swimming Federation Regulation apply.

REGISTRATION

- The entry fee is 8,00 Euro per race until 29th Genuary 2023; 10,00 per race until 26th February; 20,00 per race until 16th March (compatibly with the availability of the timing).
- The payment can be made at the venue administration office on the same day or by bank transfer to the following bank account IBAN code:
IT 90 U 05034 50241 000 000000 198. In case of bank transfer the payment receipt must be shown.
- Entry times must be achieved in 25 m pool
- The organizing club reserves the right to close registration ahead of time. The announcement will be published (posted) on the web site:
www.trofeocittadimilano.it

PRIZES

- The first three athletes in each race will be awarded with medals and (technical) gadgets.
- The first 8 clubs in the rank list will be awarded , while the first Club in the rank list will win the "Città di Milano" Trophy.
- Winning club-coach will receive a 500euro prize, the second place club-coach will receive € 300,00 and the third place clubcoach in the rank list will receive € 200,00.

For any logistic, detailed information (hotels and convention meals) and registration please contact the organizing club sending a mail to
trofeo@nuotatorimilanesi.it

The organizing club declines any liability to what could happen to athletes, managers, coaches and carers before, during, and after the event.

