



UNIVERSITÄT
LEIPZIG

Sports Science Faculty
International Relations

5-7 SEPTEMBER 2023 IN LEIPZIG, GERMANY

EUROPEAN AQUATICS COACHING CLINICS FOR HIGH PERFORMANCE SWIMMING: BRIDGING THE GAP BETWEEN SCIENCE & TRAINING

A Biomechanics and Medicine
in Swimming (BMS) Satellite
event organised by LEN
European Aquatics and BMS, at
the Sports Science Faculty of
Leipzig University. This event is
supported by World Aquatics.



WORLD
AQUATICS

SPORTWISSENSCHAFTLICHE
FAKULTÄT LEIPZIG
ITK
EXPERTS IN
GLOBAL
SPORTS
SINCE 1964



5-7 September 2023

LEN
COACHING
CLINICS

PROGRAMME

5 September

13:00	Registration
14:30 - 15:00	Opening ceremony (representatives of LEN, World Aquatics, Leipzig University, BMS Steering Group)
15:00 - 16:00	Michael Peyrebrune (British Swimming, GB) "Sports science application: examples of research that has driven best practice in British Swimming in the last 10 years"
16:00 - 16:30	Coffee break
16:30 - 17:30	Lars Johansen (Danish Swimming Federation, DEN) "Interventions to enhance sleep volume and quality for the Danish Olympic swim team before and during the 2020 Tokyo games"
17:30 - 18:30	Santiago Veiga (Polytechnic University of Madrid, ESP) "An in-depth look at the fastest components of swimming races"
18:30	End of the session

6 September

09:00 - 10:00	Sander Schreven & Roald van der Vliet (InnoSportLab, NED) "Starts and Turns in Swimming: Applying Science to Practice"
10:00 - 10:30	Coffee break
10:30 - 11:30	James Gibson (World Aquatics, GB) "Race analysis data and its application to the daily training of elite sprint athletes"
11:30 - 12:00	Closing ceremony

7 September*

12:00 - 14:30	Pool side demonstration and engagement with industry partners
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*depending on the number of participants attending also BMS main event, concurrent with BMS pool side demo (on same day from 14:30 onwards).

ABOUT

In close cooperation with World Aquatics Development programme, LEN has set up, for the first time, a programme of coaching clinics for 2023, managed by the Coach education commission together with technical committees.

Speakers

- Michael Peyrebrune (British Swimming, GB)
- Lars Johansen (Danish Swimming Federation, DEN)
- Santiago Veiga (Polytechnic University of Madrid, ESP)
- Sander Schreven (InnoSportLab, NED)
- Roald van der Vliet (InnoSportLab, NED)
- James Gibson (World Aquatics, GB)

REGISTRATION

Registration fee: 100,00 €

- Registration fee includes participation's kit, coffee break on 5 & 6 September, lunch on 6 September.
- LEN will waive the registration fee for the first 50 participants of LEN federation countries (max. 1 per European Federation)

Registration link: <https://len.evoletics.de>



SCAN ME!

LOCATION

UNIVERSITÄT LEIPZIG

Sportwissenschaftliche Fakultät (Sports Science Faculty)
GB Internationale Beziehungen
Jahnallee 59
04109 Leipzig - Germany

Arrival from Leipzig Central Station:

Tram 3 (direction Knautkleeberg)
Tram 7 (direction Böhlitz-Ehrenberg)
Tram 15 (direction Miltitz)
Station: Sportforum Süd

Your journey to Leipzig:

From Leipzig/Halle airport the tram takes you in 12 minutes to Leipzig Central Station.

The Frankfurt am Main, Munich and Berlin Brandenburg Airports are well-connected to Leipzig thanks to the fast ICE (Intercity Express) trains. [More information](#)

Accommodation:

<https://www.leipzig.travel/en/book/accommodation>



Contact: len.coachingclinics@itk-leipzig.de