

## Race Analysis

European Championship Otopeni 2023

Name	Result	Average Speed
Noe Ponti	00:48.47	2.06

Race	Reaction Time
100 Fly Final	00:00.62
European Record	



Swimming analysis

Lap	Time	1' 25	2' 25	3' 25	4' 25	1' 50	2' 50
Average Lap Speed	Metre/Sec	2.39	2.04	1.96	1.92	2.20	1.94
Contribution of no swimming areas	%	18.99%	7.60%	7.33%	18.56%	10.7%	6.2%
Stroke	N°	5	5	6	7		

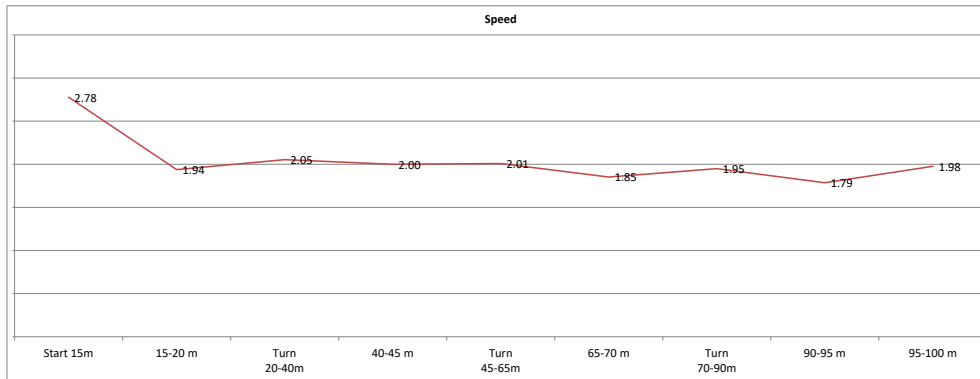


25m	50m	75m	100m	
Split	00:10.45	00:22.68	00:35.44	00:48.47

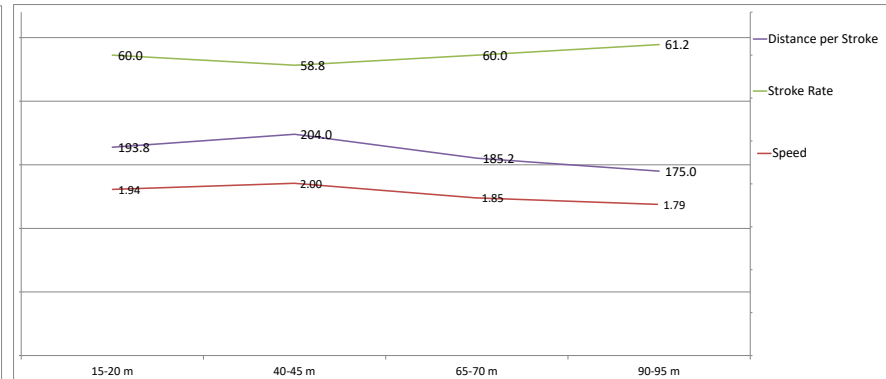


Split	Time	Start 15m	15-20 m	20-25 m	Turn 20-40m	40-45 m	45-50 m	Turn 45-65m	65-70 m	70-75 m	Turn 70-90m	90-95 m	95-100 m	Average swimming parameters
Lap	Time	00:05.40	00:02.58	00:02.47	00:09.74	00:02.50	00:02.46	00:09.96	00:02.70	00:02.56	00:10.26	00:02.80	00:02.53	
Speed	Metri/Sec	2.78	1.94	2.05	2.00	2.01	1.85	1.95	1.79	1.95	1.79	1.98		
Stroke Rate	Cycle/Min		60.0	55.6	58.8	53.6	60.0	62.5	61.2	61.2	60.0			
Distance per Stroke	Cm		193.8	204.0	185.2	175.0								
Stroke index	DPS*Speed		3.76	4.08	3.43	3.12								

Speed Evolution



Comparison Distance per stroke - Stroke Rate - Speed



SwimLab 2.0

