

Race Analysis

European Championship Otopeni 2023

Name	Result	Average Speed
Richards Matthew	01:41.01	1.98

Race	Reaction Time
200 Free	00:00.63

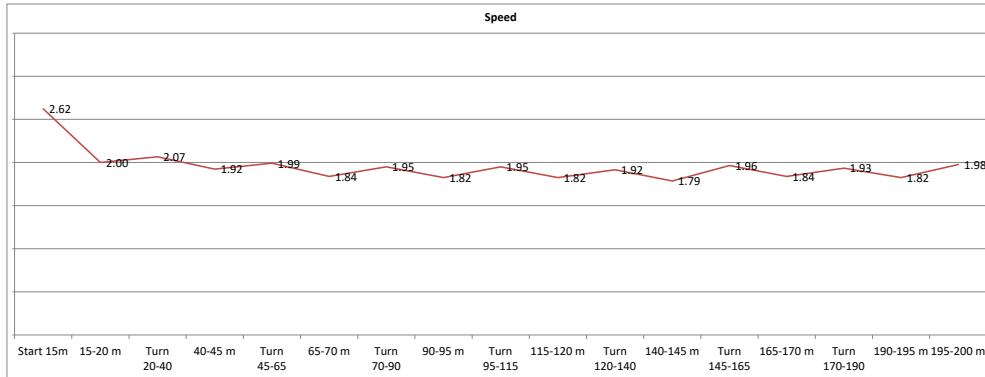


	1' 25	2' 25	3' 25	4' 25	5' 25	6' 25	7' 25	8' 25
Lap	00:11.00	00:12.35	00:12.90	00:13.05	00:13.00	00:13.17	00:12.99	00:12.55
Average lap Speed	2.27	2.02	1.94	1.92	1.92	1.90	1.92	1.99
Contribution of no swimming areas	% 12.00%	5.00%	5.15%	4.74%	5.11%	5.93%	4.49%	8.39%
Stroke	n° 8	11	11	12	12	12	13	15
Split	50m 00:23.35	100m 00:49.30	150m 01:15.47	200m 01:41.01				

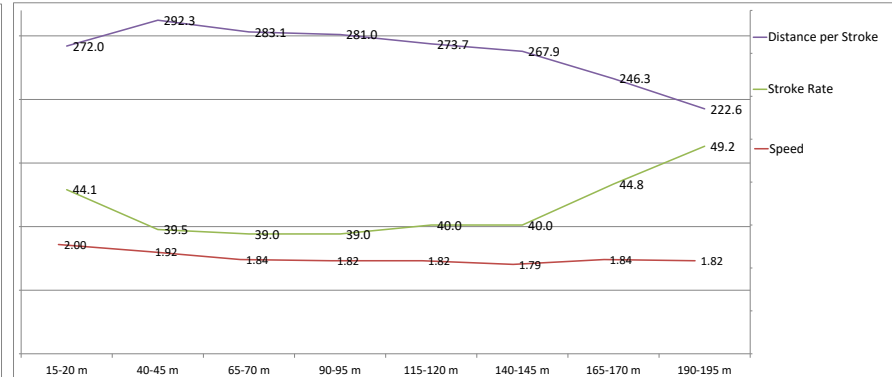
1' 50	2' 50	3' 50	4' 50	1' 100	2' 100
00:23.35	00:25.95	00:26.17	00:25.54	00:49.30	00:51.71
2.14	1.93	1.91	1.96	2.03	1.93
8.5%	4.9%	5.5%	6.4%	6.66%	6.02%

	Start 15m	15-20 m	20-25 m	Turn 20-40	40-45 m	45-50 m	Turn 45-65	65-70 m	70-75 m	Turn 70-90	90-95 m	95-100 m	Turn 95-115	115-120 m	120-125 m	Turn 120-140	140-145 m	145-150 m	Turn 145-165	165-170 m	170-175 m	Turn 170-190	190-195 m	195-200 m	Average swimming parameters
Split	00:05.72	00:08.22	00:11.00	00:17.90	00:20.50	00:23.35	00:30.54	00:33.26	00:36.25	00:43.52	00:46.26	00:49.30	00:56.52	00:59.26	01:02.30	01:09.70	01:12.50	01:15.47	01:22.68	01:25.40	01:28.46	01:35.74	01:38.48	01:41.01	
Lap	00:05.72	00:02.50	00:02.78	00:09.68	00:02.60	00:02.85	00:10.04	00:02.72	00:02.99	00:10.26	00:02.74	00:03.04	00:10.26	00:02.74	00:03.04	00:10.44	00:02.80	00:02.97	00:10.18	00:02.72	00:10.18	00:03.06	00:10.34	00:02.74	00:02.53
Speed	2.62	2.00		2.07	1.92		1.99	1.84		1.95	1.82		1.95	1.82		1.92	1.79		1.96	1.84		1.93	1.82	1.98	1.86
Stroke Rate		44.1		44.1	39.5		40.5	39.0		40.0	39.0		40.5	40.0		40.0	39.5		39.5	44.8		45.5	49.2	48.4	41.9
Distance per Stroke		272.0		272.0	292.3		283.1	281.0		273.7	267.9		246.3	222.6		49.2	48.4		222.6	267.4		40.6	4.97		
Stroke index		5.44		5.62	5.20		5.13	4.99		4.78	4.53		4.53	4.06		4.97			4.97			4.97			

Speed Evolution



Comparison Distance per Stroke - Stroke Rate - Speed



SwimLab 2.0

