

Race Analysis

European Championship Otopeni 2023

Name	Result	Average Speed
Schouten Tes	02:16.09	1.47

Race	Reaction Time
200 Breast	00:00.66



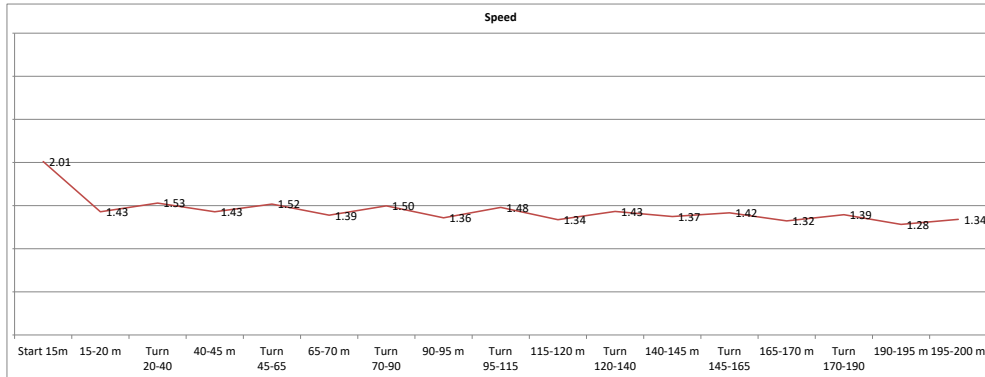
	1' 25	2' 25	3' 25	4' 25	5' 25	6' 25	7' 25	8' 25
Lap Time	00:14.23	00:16.61	00:16.84	00:17.03	00:17.42	00:17.70	00:17.94	00:18.32
Average lap Speed	1.76	1.51	1.48	1.47	1.44	1.41	1.39	1.36
Contribution of no swimming areas	18.69%	5.09%	6.44%	7.45%	6.84%	2.75%	5.08%	6.05%
Stroke	5	7	7	7	8	8	9	

	50m	100m	150m	200m
Split	00:30.84	01:04.71	01:39.83	02:16.09

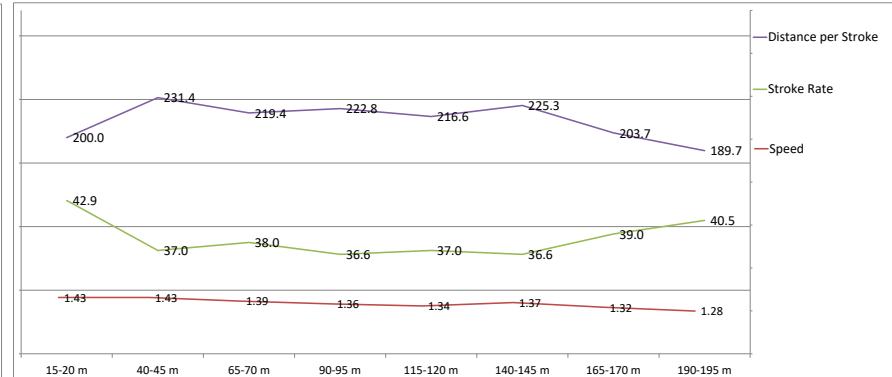
1' 50	2' 50	3' 50	4' 50	1' 100	2' 100
00:30.84	00:33.87	00:35.12	00:36.26	01:04.71	01:11.38
1.62	1.48	1.42	1.38	1.55	1.40
11.9%	7.0%	4.8%	5.5%	9.40%	5.06%

	Start 15m	15-20 m	20-25 m	Turn 20-40	40-45 m	45-50 m	Turn 45-65	65-70 m	70-75 m	Turn 70-90	90-95 m	95-100 m	Turn 95-115	115-120 m	120-125 m	Turn 120-140	140-145 m	145-150 m	Turn 145-165	165-170 m	170-175 m	Turn 170-190	190-195 m	195-200 m	Average swimming parameters
Split Time	00:07.46	00:10.96	00:14.23	00:24.04	00:27.54	00:30.84	00:40.72	00:44.32	00:47.68	00:57.68	01:01.36	01:04.71	01:14.88	01:18.62	01:22.13	01:32.58	01:36.22	01:39.83	01:50.34	01:54.12	01:57.77	02:08.46	02:12.36	02:16.09	
Lap Time	00:07.46	00:03.50	00:03.27	00:13.08	00:03.50	00:03.30	00:13.18	00:03.60	00:03.36	00:13.36	00:03.68	00:03.35	00:13.52	00:03.74	00:03.51	00:13.96	00:03.64	00:03.61	00:14.12	00:03.78	00:03.65	00:14.34	00:03.90	00:03.73	
Speed	2.01	1.43		1.53	1.43		1.52	1.39		1.50	1.36		1.48	1.34		1.43	1.37		1.42	1.32		1.39	1.28	1.34	1.37
Stroke Rate		42.9		40.5		36.1		37.0		37.5		36.6		34.9		36.6		38.0		36.6		39.0		40.5	38.4
Distance per Stroke		200.0		231.4		219.4		219.4		222.8		216.6		225.3		203.7		203.7		203.7		189.7		189.7	213.6
Stroke index		2.86		3.31		3.05		3.03		2.90		3.09		2.90		3.09		2.69		2.69		2.43		2.43	2.92

Speed Evolution



Comparison Distance per Stroke - Stroke Rate - Speed



SwimLab 2.0

